

Briefing note – Health and Well Being and draft health outcomes and indicators

1. Introduction

In developing a robust Town Investment Plan (TIP) it is important to consider how any intervention will impact and improve the health and wellbeing of communities/the population to help address health inequalities and create opportunities for health equity.

2. Health and well Being and the Built Environment

The built environment has a strong influence on the quality and type of lives we lead. It is a key determinant of health and wellbeing. The built environment influences many factors and has an impact on the way we travel, where we live, work and play as well as how we interact and connect with each other, as well as the socio-economic and natural world. How we plan, design, build and live in our towns/buildings has important implications for how healthy and sustainable we and future generations can be.

The impacts of health inequalities in Hastings are well documented and understood.

Many project proposals within the TIP will produce positive outcomes for people and place. These positive impacts will help to address the wider determinants of health as well as help to address health inequalities and deliver health improvement. For example, in regard to the wider determinants of health, the project proposals with the TIP will help to increase access to quality, affordable housing and local jobs, designing spaces for healthy streets and active travel and increasing the connectivity of the town as well as opportunities for education/re-skilling for example. It is important we can capture and measure these impacts so that we can understand the positive difference we are making for our people and place.

3. What has been developed so far

A review has been undertaken to integrate the TIP programme themes, the associated project and the potential health and wellbeing outcomes and suggested measures to enable the Board to understand the impact the TIP intervention is delivering for the health and wellbeing of people living and working in Hastings.

The attached table (table 1 below) outlines the possible health and wellbeing baselines, outcomes and measures against each of the Town Investment Projects from a public health perspective. The outcomes have been aligned against the [Public Health Outcomes Framework - at a glance summary \(phe.org.uk\)](https://www.phe.org.uk/public-health-outcomes-framework-at-a-glance-summary) where possible and more specifically in relation to:

- Wider determinants of health and
- Health Improvement

This is a draft document and will need further development as the details and objectives of the projects evolve as do the people they look to serve but it is a good start!

For further information contact:

Lourdes Madigasekera-Elliott
Public Health Strategic Lead: Creating Healthy Places
Lourdes.Madigasekera-Elliott@eastsussex.gov.uk

Chantal Lass
Tackling Climate Change Programme Manager
class@hastings.gov.uk

Table 1 Draft Health and Well Being outcomes and measures

Challenge Theme	7 Programme Themes	12 Projects	Baseline/if we do Nothing	Public Health Domains and Objectives: Public Health Outcomes Framework (PHOF)	Health and Wellbeing Outcomes	Measures
Jobs and Enterprise Growth	1. Enterprise & Employment Infrastructure	Churchfield Industrial Estate	Empty units - no benefits	Improving the Wider Determinants of Health' (improvements against wider factors which affect health and wellbeing and health inequalities) and delivering Health Improvement' whereby people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities • Children in low income families • 16-18 year olds not in education, employment or training • Percentage of people aged 16-64 in employment • Employment for those with a long-term health condition including those with a learning difficulty / disability or mental illness • Self-reported well-being	<ul style="list-style-type: none"> Increased employment of those with a limiting long term health condition, mental illness or learning disability Increased Employment of people with mental illness Increased number of green low carbon skills and business start up/development opportunities Improved open plan employment spaces that are multifunctional New education and skills offer linked to land based occupations and business opportunities Improved future employment opportunities and skills 	<ul style="list-style-type: none"> x number of small units made available and occupied, x number of medium units made available and occupied x number of repurposed open plan office spaces made available and occupied x number of repurposed open plan employment spaces made available and occupied in the town centre
		Enterprise Space, Ponswood	Empty office space - no benefits			
		Hastings co-working, flexible office and community space	Empty employment spaces - no benefits			
	2. Green Low Carbon Skills & Economy	Green Construction, energy and vehicle training centre	<ul style="list-style-type: none"> x/current number of Green Low carbon skills & business start up-development opportunities being offered in Hastings x number of Green Low carbon skills & business start up-development opportunities being offered in East Sussex 			
Broadening Futures Together	<ul style="list-style-type: none"> x/current number of students currently receiving education and skills linked to land-based occupations and business opportunities 	<ul style="list-style-type: none"> x number of students gaining new education and skills linked to land-based occupations and business opportunities 				
Forgotten History & Assets	3. Hastings Castle World Heritage	Hastings Castle	<ul style="list-style-type: none"> x/current number of visitors to Hastings castle 	Improving the Wider Determinants of Health' (improvements against wider factors which affect health and wellbeing and health inequalities) and delivering Health Improvement' whereby people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	<ul style="list-style-type: none"> Increased economic benefit for local residents (overspill) Pride in place and cultural heritage Increased participation in local history, culture, assets and heritage Increased employment and skills opportunities Increased social wellbeing and connectivity Increased number of community spaces 	<ul style="list-style-type: none"> x number of visitors to Hastings Castle x amount of revenue increase
	4. Town to Sea Creative Quarter	12 Claremont Cambridge Road Development OB Creative Digital Hub	<ul style="list-style-type: none"> x/current amount of community led initiatives operating in this space x amount of leisure opportunities happening 			
Disconnect unloved Town Centre	5. Town Centre Core	Town Centre Core (Phase 1 Projects)	<ul style="list-style-type: none"> x/current number of key sites to be regenerated in the town centre and proximity to the most deprived areas 	Health Improvement Objective: People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities • Percentage of physically active children and young people	<ul style="list-style-type: none"> Increased green connections in town centre Improved active travel connectivity Increased participation in active travel and more physically active people 	<ul style="list-style-type: none"> x number of key sites generated in the town centre
	6. Town Centre Public Realm & Green Connection	Town Centre Public Realm & Green Connection	<ul style="list-style-type: none"> Current barriers to active travel connectivity and public realm in Hastings town centre 			
Lack of Quality Housing	7. Town Living	Town Living	Amount of HBC town centre housing	Improving the Wider Determinants of Health' (improvements against wider factors which affect health and wellbeing and health inequalities) and delivering Health Improvement' whereby people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities • Fuel Poverty • Social Connectedness (Placeholder)	<ul style="list-style-type: none"> Healthy housing that promotes wellbeing (accessible, lifelong, energy and water efficient, affordable, adaptable – Climate Change/lifestages, connectivity – wifi, cycle storage, noise, light, comfort, storage and security) 	<ul style="list-style-type: none"> x number of new homes x number of renovated homes x number of accessible homes x number of lifelong homes x number of energy efficient homes/retrofitted housing,